

LINK

Volume 6, Issue 1

Spring and Summer 2010

Volunteerism – A Growing Trend

The 2010 Annual General Meeting is scheduled for June 5th in London, Ontario.

See page 10 inside for the schedule of events planned for the weekend and learn how you can participate.

June 4 – Golf Tournament
Bar-b- que dinner
Get together

June 5 – No host reception
Buffet luncheon
Annual General Meeting

In the past 20 years volunteerism has grown in Canada from 26.8% to 46% while it has reportedly remained fairly stable at about 27% in our neighbour to the south. This is 12.5 million Canadians over the age of 15 according to Stats Can.

While volunteering decreases with age – 40% for those 55 to 64 and 36% for 65 and older – the average number of hours increases with those 65 and over contributing 202 hours vs. the overall average of 149.

Where do they volunteer? Well, over 11% of them are involved in organizations concerned with social service.

Réal Leahey is one of these individuals.

Volunteering was one of three activities I had planned for retirement. At a social gathering, an ex-colleague, aware of my imminent retirement, asked me to give some time to the Federation of the Quebec Alzheimer Societies and

explained to me how I could be helpful to this cause.



Giving direct care or support to sick people has always put me off. I must admit missing the necessary empathy to support these people adequately and I admire those generous people's dedication and ability.

Good thing, my input was for management and not for caring directly for Alzheimer affected people or their care givers. I would also have had difficulties giving information to these very concerned people. I then joined a new team to take over the reorganization of the Federation grouping 21 societies in the Province of Quebec. I then started working very closely with a chartered accountant, a former manager from the Credit Unions, and a psychologist.

We had to find additional financing, to restructure the group, assure continuous financing, and improve the knowledge of the general public about Alzheimer disease and its problems.

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I was Vice-President of the Quebec Federation for ten years and during that time, Vice- President of The Alzheimer Society of Canada for 6 years. A member of various Board Committees - Finance, Governance, Research and others - I had the opportunity to work with different Health Professionals - physicians, psychologists, psychiatrists - with chemists, with researchers, and with lawyers who all shared with me their knowledge not only helpful for my job but personally very rewarding.

The Alzheimer Society's mission is to alleviate the personal and social consequences of Alzheimer disease and to support biomedical and psychosocial research. To this effect, it is necessary to disseminate information on the disease as well as on the services offered by the Society. Representation to various levels of Government and to Social Organisations' authorities is also necessary. Research is also of prime importance. The services offered by the Alzheimer Society are varied and include over the phone information and discussion with Alzheimer affected people or their caregivers, personal or family meetings, psychosocial support, help and respite for the caregivers, and fully organized care centers in certain areas of the country.

After all these years, I'm still a Board Member of the Alzheimer Society of Canada and, as President for the Federation of the Quebec Alzheimer Societies, I am actively preparing a succession plan. We have progressed a lot during the last ten years but considering the current demography and the very difficult prognostics for the number of Alzheimer affected people and the astronomical costs of caring for them, more remains to be done.

Alzheimer Disease affects one in thirteen people over the age of 65 and one in three over 85. I still enjoy working with various people across Canada and I have never regretted this rewarding experience although I can ever be assured that this disease will never affect me personally.

Réal Leahey started work at IDB in December 1971. He was a Credit Officer in Quebec City and in Sherbrooke, Branch Manager in Chicoutimi and Saint-Lauren, Human Resources Manager at the Quebec Regional Office and Director, Management Services at the Québec Regional Office. He retired in April 1998 as Director, Human Resources for Head Office. He has been Secretary for the pensioners' association since 2000.

Behind every person with Alzheimer's disease and related dementias, there are hundreds of people dedicated to helping. The Alzheimer Society has been the leading not-for-profit health organization since 1978 working nationwide to improve the quality of life for Canadians affected by Alzheimer's disease and related dementias and advance the search for the cause and cure. They are located in every province across Canada and in over 140 local communities.

For more information on programs and services offered in your province, contact the local Alzheimer Society or www.alzheimer.ca.

Given the demographics of our membership and applying the Statistics Canada percentages above, over 400 of us are volunteers. Please share your experiences with others and help them become familiar with the organization for which you volunteer by contacting the editor of LINK or your area Director.

Read more volunteer stories on the next pages.

Vancouver 2010 Olympics

It all started with a call from my daughter. "Would you like to go the Olympics? We're going, and it could be a reunion with both children (my son and his family live in Vancouver)"

My wife and I hadn't really thought about it, but it did seem like a good idea. My son looked after getting tickets, we and my daughter and her husband stayed with him, so everything was easy. All we had to do was get to and from Phoenix where we spend our winters.

And what an experience it was! We attended three curling matches, a hockey game, the men's short figure skating program, and the closing ceremonies. It was immersion in the Olympics, which was wonderful. It was stirring to watch the greatest athletes in the world performing at peak

level. Who could not be moved by the skill and artistry of Pleshenko, with the multi quads in his short program? Watching Martin curl was like seeing a master painter at work. The hockey was made more enjoyable by the commentary of my son in law, who plays at a high level (his father was an NHL player – Wayne Carlton - for several years and has a Stanley Cup ring). And of course Canada is strong in winter sports, so on many occasions we were cheering for a home country winner.

It was incredible to be in downtown Vancouver. There were always thousands of people thronging the streets, and all enjoying themselves.

Everyone wanted red mitts, whether they were Canadian, American, Russian, or Chinese - whatever.



But the most wonderful thing of all was be a Canadian. Such differences as we may have pale in comparison to our many strengths. Vancouver, British Columbia, and Canada presented probably the finest winter Olympics ever. Importantly, the games brought to the forefront the pride all Canadians have for our country and our patriotism. Too often we don't show this pride and patriotism. I think we will in the future, and that could be the most important legacy of the games. Congratulations VANOC. You and Canadians showed the entire globe that this is without a doubt the finest country in the world.

VIVE CANADA!!!

Lorne Hutton lives in Mount Hope – near Hamilton – Ontario. He worked with the Bank from 1961 (Regina) until retirement from the Ontario Regional Office. He worked in Thunder Bay, Winnipeg, Prairie Regional Office, Saskatoon, Red Deer, and in Inspection in Calgary and Toronto.

Jim Anhorn – Olympic Volunteer

Jim originally applied to be a volunteer at the 2010 Vancouver Olympics (The XXI Olympic Winter Games) early in 2009 going through his interview and security check in March and was offered the position as Team Lead Driver in August. This led to 20 hours of special training in Olympic history and knowledge, leadership, and driving skills. Planning and test driving official routes for safety happened in the fall with relocation of vehicles from Vancouver to Whistler and conducting the testing of volunteer drivers happening closer to the event.

In all, there were over 25,000 volunteers helping out some 1,500 paid Olympic staff. Jim “worked” out of the vehicle holding compound located under the Burrard Street Bridge which was less than 6 blocks from his residence. At that site, they staged about 300 vehicles and there were over 700 transportation volunteers working 24/7 during the month of February. In all, GM provided some 4,000 vehicles for use at the Games.

As a supervisor to a team of 10 to 20 providing transportation for International and National



Olympic Committee members and other IOC Officials, Jim completed 24 driving shifts between February 7th and 28th. He also volunteered for the Paralympics as driver and put in 8 more shifts in March. “The Paralympics were quite a bit smaller and the transportation group was nowhere as busy as during the Olympics. Sleep? Who had time?” he says.

There were some benefits, though. Jim and Patricia pictured here with the mascots

Quatchi and Miga, saw 8 hockey games including the Canada – Slovakia game– see picture below – and the game where Canada was defeated by our southern neighbour, an award ceremony featuring the Barenaked Ladies, and three curling matches.

When asked if volunteering gave him a different perspective on the Olympics, Jim replied, “Prior to the Olympics there was a lot of negative press and naysayers who questioned the cost and benefit of holding the Olympics. However, as we got closer to the games the general attitude changed and most became very positive. Unless you were here, it is really hard to describe the festival atmosphere that was present in Vancouver and Whistler during the Olympics. With most of Robson and Granville streets closed, fans flocked to the downtown area and jammed the streets every day. Similarly in Whistler, the town centre was jammed every day. The Olympic spirit was definitely unique and I believe was eventually felt by everyone.

When Canada won its first gold medal the crowds went wild and of course the excitement climaxed when Canada beat the USA hockey team to win the gold medal. It seemed that everyone suddenly got “wrapped” up in the competition or entertainment and events that happened each day in Vancouver and Whistler. If you were lucky enough to get tickets, the competition was first rate and if not, just being downtown amongst fans and supporters from all over the world was fantastic. As we started to win a few medals the Canadian spirit started flowing and crowds of red jerseys and parades of Canadian flags were a daily occurrence. By the end, I believe that everyone was proud to be a Canadian - not only in Vancouver and Whistler, but across the country. Witness the crowds on Yonge Street following the Canada-USA gold medal hockey game.”



He said he would do it again in a heartbeat. For him, it was a once in a lifetime experience, one that will likely never be duplicated.

His reward for all of the volunteer hours in the past 4 or 5 months – since he has always wanted to see Machu Picchu, Lake Titicaca, the Nazca Lines, etc. he is off on a three week tour throughout most of Peru.

CESO/SACO – Guy and Lorette Bourbonnière

Have you dreamed of volunteering in exotic places? Have you wished to visit areas of your country you would not otherwise know? Maybe in your own inner-city? Would you like short term projects? Could your hobby make you travel? Then CESO/SACO is for you.



Guy and Lorette Bourbonnière were CESO/SACO volunteer consultants for 15 years and have fond memories of our travels. Lorette says, “How else could I have worked with women in Chile, Sri Lanka, Costa Rica, St Kitts and Barbados? Or Guy work in Northern Ireland and the Dominican Republic? We had several joint projects.

In Canada I worked with the Inuit in Broughton Island, the Cree in Chisasibi and the Mohawk in Kanasas. I did some research at l'Université St Paul. I was a Board member for six years and loved going to meetings in Toronto.”

Expect the unexpected with CESO/SACO. This picture shows Guy and Lorette meeting the Governor General of India. While Lorette had a project in Sri Lanka, Guy was delegated by CIDA to

represent Canada at the annual meeting of the Association of Development Financing Institutions of Asia and the Pacific in New Delhi. At the end of the week the delegates, and spouses, were flown to Agra to visit the Taj Mahal as guests of the Indian government.

When on a project the spouse usually accompanies the volunteer. CESO/SACO covers the travel expenses and the client provides living accommodations.

Head office is in Toronto and there are branches in most provincial capitals. For more info: www.ceso-saco.com.

Bernard Baril - Photo Contest Winner

This past December, the group in Québec invited members to submit their favourite photographs to be voted on by people attending the end of year luncheon in Montréal. Of the 16 received, Bernard Baril's photograph entitled *At Last – Retirement* was the winner and if you look at it you can see why. Here is what Bernard had to say about the photograph.

A fresh look at my winning picture renews the fun I had when my wife took it on our trip to Arizona in 2005. Retirement was then a developing project and Danielle and I knew that traveling would be an important part of it.

While away, I enjoyed sending a virtual humorous post card to the branch. The idea was to find an appealing title for an intriguing picture with a catchy text. It enabled me to indulge my passion for photography and to share with our friends, with a smile, our trips' high points.

The original title for this pic was *Holidays are great but exhausting*. I must say that we found The Grand Canyon in Colorado absolutely awesome as well as the vast desert areas of Arizona that we criss-crossed over a period of three weeks in September 2005.

The elaborate scenario for this shot happened during a walk on a footpath bordering the Grand Canyon. I wished to show the enormity of the Canyon and the vertigo on a human scale. The image had to be a large human, triumphant, on a ledge with a spectacular panorama in the background.

It involved many takes. Danielle was lying flat on the ground with the camera while I simulated coming painfully over the ledge as a grand finale to my rock climbing....all the while having my left leg solidly on a rocky shelf, a meter below and approximately one meter square. It was the only bulwark to the great emptiness below.



Those who have walked the Grand Canyon know those vertical falls of a thousand metres, and more, bordering the narrow footpaths with no protection in case of missteps. I thought the risk acceptable but not Danielle who wanted the whole scene done with in short order. When I sent the photo to St Laurent Branch it caused quite a sensation there and across the network.

I retired in June 2009. I chose this photo, for the contest at the retirees' luncheon on Dec. 8th as a wink to our new life. Its new title: *At last - retirement*.

Plan in Advance – Not in a Panic – Long Term Care Insurance

None of us want to think about the likelihood of ourselves or our spouse requiring home care or long term care but the statistics show that it is a probability. Continued restructuring and cost cutting in healthcare and social services have resulted in decreased availability of beds and increased reliance on home care. In the past, family has been the primary care providers for short term home care and people prefer to be cared for at home even in long term situations. This has been proven to increase longevity in many cases and is strongly encouraged by medical professionals as well as community based government organizations.

The home-care solution for long term care is delivered by a variety of sources – family and friends, community volunteers, provider organizations, and for-profit businesses that specialize in home care. Home and community support services are funded by various sources, including - the government (federal, provincial, or municipal); donations to voluntary organizations who often deliver these types of services; the individual by paying directly for services; private insurance or benefit plans.

The cost for in-home care varies but non-nursing services like house-keeping, meal preparation or personal care is from \$20 to \$25 per hour. For nursing services, including dispensing medications, the cost is \$45 to \$50 per hour. For about 15 hours of non-nursing care per week, the cost may run to \$1,600 per month.

The federal government provides limited subsidies for this care for veterans and for Aboriginal Peoples. Provincial funding varies from no subsidy to full depending upon income. To find out what your province offers, visit www.hc-sc.gc.ca/hcs-sss/pubs/home-domicile/1999-pt-synthes/app-ann_4-eng.php. In addition, respite coverage is often available where someone relieves the primary relative or friend care-giver for a few hours or provides temporary residential accommodation. The coverage for this can be accessed at www.hc-sc.gc.ca/hcs-sss/pubs/home-domicile/2003-respite-releve/conclusion-eng.php.

The other type of long-term care is facilities-based. In general, long-term care facilities provide living accommodation for people who require continual on-site delivery of supervised care, including professional health services, personal care and services such as meals, laundry and housekeeping. These are not publicly insured under the Canada Health Act, but governed by provincial and territorial legislation. Across the country, jurisdictions offer a different range of services and cost coverage. Consequently, there is little national consistency.

The cost for these facilities range from full user-pay to fully subsidized depending upon the province, if there is a means test, or an income level formula. To find out the cost in your province, go to www.rbcinsurance.com/healthinsurance/long-term-care-insurance.html and click on *How much does your province pay toward long-term care?*

At the present time, most members of the BDC Pension Plan are reimbursed for 90% of home assistance services at \$50 per day up to \$500 per year. Reimbursements are a taxable benefit. To find out your coverage, go to page 2 of your most recent Personal Pension & Benefits Statement.

There are, however, several providers of long-term care insurance in Canada - both in-home care and facility care. The age limits for application vary by insurer with some allowing application up to the age of 80. The costs also vary depending upon age at application and coverage requested. For example, a 59 year old at one insurer paid \$118 per month in premiums for a \$60 a day coverage while at another, a 60 year old, paid \$141 per month for just facility coverage. All have waiting periods for the policy to become effective.

Three of the most prominent providers are – Manulife www.manulife.ca/canada/, Sun Life www.sunlife.ca/plan and RBC Insurance rbcinsurance.com/healthinsurance/long-term-care-insurance.html

Do your research and shop around. It might provide you with peace of mind.

Cross Canada Social Events

117 People Attend Québec End of Year Luncheon



Vancouver Christmas Luncheon – December 6 Holiday Inn North Vancouver



Prince George Branch Reunion - Eric Jamieson, Ted Murray, George Martin, Jean Sinden, Jim Anhorn, George Allen, Herb Thiessen and John Hopkirk



Buffet in Vancouver

Fredericton New Brunswick Year End Get Together



Kelowna British Columbia – 15 people attend the Christmas Party at the Harvest Golf Club



November at the Marina in Oak Bay, Victoria, British Columbia



Picture on the left from the left - Neil and Dorothy Smith, Gary Gustafson, John and Carolyn Auld, Bob and Bev Darnell, Nadine and Harold Dashevsky. On the right from the left - Anne Russo, Casey and Evelyn Vandenbrink, Dave and Jean Trevethan, Solly and Marilyn Bayer, Jules Russo



October in Nanaimo, British Columbia

From the left are --Kirkwoods-- Viels-- Weavers---Stuarts--Dashevskys

Winter in Toronto



Ed Wilk, Dianne Wilk, Ruth Brown, Don Brown, Don Chapman, Shelagh Chapman, Bruce Kerslake, Jim Orgill



Madhuri Ramakrishnan, Sri Ramakrishnan, Ray Frizell, Edith Frizell, Jim Lane, Barb Lane, Pat Massier, Brian Massier

Association Business

2010 Annual General Meeting and Pensioners' Association Reunion Information

The following information will be helpful to those who will be attending the AGM, also the London Golf Day and Reunion.

Registration for the Luncheon and AGM – no cost

To register your attendance for the AGM by **May 14th**, contact Pat Massier at patmassier@sympatico.ca 519 472-4794 or 758 Cranbrook Rd London ON N6K 1W9

Accommodations:



Hotel - 1150 Wellington Road South, London N6E 1M3

www.fourpoints.com/london

Rate: \$ 124 plus tax. All rooms are Executive King. The hotel has a restaurant and lounge on site and there are several others within walking distance.

Please confirm your requirements to Pat Massier by **May 14th**. The room rate is available to us from June 3rd to June 7th. The hotel requires the bookings as a block.

Directions for driving: Take Highway 401 to Exit 186 (Wellington Road). Turn north on Wellington Road, the hotel is located 0.5 km on the right hand side across from White Oaks Mall.

From London International Airport: Travel south on Highway 100 to Highway 401 West. Take Exit 186 to Wellington Road and turn north on Wellington Road and the hotel is located 0.5 km on the right hand side across from White Oaks Mall.

Hospitality – Overnight accommodation Friday, June 4th in members' homes

Please contact the following people by email or telephone as they have generously offered accommodations in their homes for other general members attending from a distance:

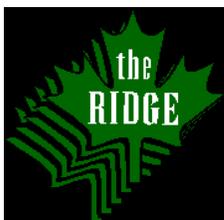
Dave Munro – 519 471-9553 or dmunro@ipccherryhill.com – queen room

Pat and Brian Massier – 519 472-4794 or patmassier@sympatico.ca – 2 queen rooms

Alex Mackie – 519 474-1624 or alecmackie@rogers.com – queen room

Debbie Bales – 519 473-6796 or balesliv42da@hotmail.com - queen room

If anyone else in the London area is willing to provide hospitality, contact Pat Massier.



Friday June 4th London Golf Tournament

www.mapleridgegolf.com – 3950 Dundas Street, London N5V 5C6

This is reportedly the oldest continuously running event of its kind in the Bank and dates to the early 1970s. Members and spouses are invited to participate. The London branch is looking forward to a good turnout of

members and spouses this year and has moved the event to Maple Ridge Golf Course. This is a par 71 course and information on club and cart rentals can be found on the web site.

The cost of golf is for participants' account (\$45) and is paid at the pro shop.

The tournament is a four person best ball and so confirmation of participation is required to Pat Massier by **May 14th** to allow for team organization. The first tee time is normally at approx. noon.

Dinner - Immediately following the golf, there will be a **bar-b-que** held at the course. Members and spouses are invited and there will be **no cost** for this part of the event. For those that are not golfing, the bar-b-que starts with a no-host social hour at about 4:30 pm with dinner at approx. 5 o'clock. Confirmation of attendance is required by Pat by **May 14th** as well to allow for catering.

Transportation from Four Points by Sheraton Hotel: The distance is approx. 20 km and the cost for a taxi is approx. \$25 as the golf course is located quite near the airport. Ride sharing both ways may be an option that can be arranged closer to the event.

Driving directions: Turn south from the hotel on Wellington Road. Take right ramp for Hwy 401 East toward Toronto. At exit 194 take ramp and follow signs for Veterans' Memorial Parkway. Turn right onto Hwy 2 (Dundas Street). Golf course is 2 km on the left.

After Golf Get Together: Since the bar-b-que is usually over by 7 pm, there will be a get together at 758 Cranbrook Road. This is approx. 25 min from the golf course and 15 minutes from the hotel. Ride sharing will be available from the golf course. Confirmation of attendance is required by Pat Massier by June 1. BYOB please.

Saturday June 5th Annual General Meeting

11:00 to 11:30 Room set up and registration – Balmoral Room – Four Points by Sheraton

11:00 to 12:00 No-host reception

Noon to 1:30 Buffet Lunch

1:30 to 3:30 Pensioners Association Annual General Meeting

Check the web site (www.bdcpa.org) for further updates.

**Annual General Meeting & Reunion
BDC PENSIONERS' ASSOCIATION
Friday June 4th & Saturday June 5th, 2010**

Registration

Name: _____ Guest: _____

Address: _____

Street

City

Province

Postal Code

Telephone: _____ e-mail address: _____

Yes, please register me (us) for the following activities:

(Please indicate NUMBER PARTICIPATING in each activity)

Friday June 4th

Maple Ridge Golf Course

London Golf Tournament (tee times to be advised – foursomes are welcome) \$45 per person – pay at pro shop

5:00 pm. Bar-b-que Dinner – no charge Steak # _____ Chicken # _____
7:00 pm. Post BBQ Get together - 758 Cranbrook Road - BYOB # _____

Saturday June 5th

Four Points by Sheraton – 1150 Wellington Rd S

11:00 am. Registration and no host social hour # _____
12:00 pm. Luncheon # _____
1:30 pm. Annual General Meeting # _____

Hotel Accommodations

Hotel – Four Points by Sheraton 1150 Wellington Road S, London N6E 1M3

Rate: \$124 plus tax. Reserved rooms are King Suites.

Date (s) required: _____

Please provide additional information on available transportation _____ to and from the events

Registration required by May 14th to

To register your attendance or for more information for the golf and /or the bar-b-que dinner and/or the AGM contact Pat Massier at patmassier@sympatico.ca 519 472-4794 or 758 Cranbrook Rd London ON N6K 1W9

2010 Nominations

The Constitution provides that Directors serve a two year term. In order to insure continuity, the expiration of individual Director's terms is staggered so that approximately one-half of the positions on the Board come up for election each year.

Again this year, members are invited to nominate candidates to stand for election, where there is a vacancy or where the incumbent directors' terms are due to expire.

The following table summarizes the Directors' positions that are up for election in the various ridings in 2010 and the names of candidates who have thus far agreed to stand for election.

2010 Vacancies	Candidates willing to stand for election
Director Nova Scotia	Ken MacMillan*
Director Quebec	Alain Brunelle*
Director Quebec	Maurice Rossin Arthiat*
Director Quebec	Denis Couture
Director Ontario	Edward Wilk*
Director Ontario	Pat Massier
Director Ontario	
Director Manitoba & Sask.	Malvin Valentini*
Director Alberta & NWT	Robert Thompson*
Director BC & Yukon	Harold Dashevsky*
Director BC & Yukon	Wendy McCulloch*

* Directors standing for re-election

Denis Couture has resigned as Treasurer effective at the end of the current fiscal year (Mar 31st). He has however agreed to stand for election as a Quebec Director. We are indebted to and thank Denis for all that he has done in administering our financial affairs and reporting over the years and are pleased that we will continue to benefit from his insights as a member of the Board. The Board has appointed Guy Turcotte to complete the remainder of Denis' term.

With the exception of Pat Massier, the editor of LINK, the majority of the nominees are long serving members of the Board who have agreed to again let their names stand. Several of these have indicated that they would prefer not to run again and would step aside if alternative candidates can be found. All of the Directors who have contributed so much to the Association deserve our thanks. However, now is the time for others to consider lending a hand.

Members are encouraged to submit the names of candidate(s) they would like to propose as Directors to represent them in their electoral constituency. Remember spouses, who are members, are also eligible to serve in these positions and there is no doubt that an expanded complement of women would provide for better proportionate representation and innovative ideas.

Nominations must be in the hands of the Secretary on, or before **May 7th, 2010**. Please tear off, complete and return the following form to:

Mr. Real Leahey,
 Secretary, BDC Pensioners' Association,
 82 Somervale Gardens,
 Pointe Claire, QC, H9R 3H5



Nomination form for candidates standing for election to the Board of Directors of the BDC Pensioners' Association in 2010

Nominator: Name: _____

Please Print

Address: Number _____
 Street _____
 City _____
 Province _____ Postal Code _____
 Phone _____
 Email _____

Nomination:

I nominate the following candidate(s) for the position(s) as indicated and confirm that they have agreed to stand for election to the Board of the BDC Pensioner's Association:

Position	Candidate's Name	Address
Director		

NOTE: Directors must reside in the constituency they are being nominated to represent.

Signed _____

Members' Corner

Follow – up to LINK Fall and Winter

Perhaps a More Affordable Vacation Experience is Waiting for You? The article regarding house swapping/ exchanging / hospitality brought a few inquiries but we have not had replies to post on the web site. For those interested, you can refresh your recollection of this article at www.bdcpa.org as the fall and winter LINK is reproduced there. Here is the information that would be required for a post along with a picture or pictures of the residence: Short description of what is offered: Number of people that can be accommodated. Number of people in your exchange party. Number of children in your party. Number of bedrooms. Number of bathrooms. Nearest major airport. Distance from airport to location. Where are you looking to travel? When? Amenities of the home. Nearby recreation available. Features of the home and location. Will a vehicle be available?

If you are interested, please contact Pat Massier (patmassier@sympatico.ca) to arrange for your swap to be posted.

Email addresses are protected under the Privacy Act – Thanks to all who provided agreement to circulating email addresses to our members. If you agree and have not notified the Secretary, please email Réal Leahey at real.leahey@sympatico.ca giving your permission for your email address to be provided to other members of the Association.

Your email message might say: I (your name) give the IDB / FBDB / BDC Pensioners' Association permission to publish my email address (your email address) in a membership listing to be provided only to other members of the association.

FYI: All coordinates including email addresses for the Executive and Directors of the Association are available on-line at www.bdcpa.org.

Re-launch of www.bdcpa.org Many of you responded positively to the new web site. We are attempting to keep it current by putting up notices of upcoming meetings (see Upcoming Meetings for your area), publishing all pictures that have been taken during social activities as they are received (see Photo Gallery for your area) as we are unable to print all that we receive in LINK, advising of recent passings of members and spouses (see Bulletin Board – Passings), and publishing other notices that are relevant to association business. You are invited to contribute by sending items to the webmaster (patmassier@sympatico.ca).

Some expressed disappointment that the site was not completely bilingual. We envision a site that would have an entry through selection of English or French. At this time we do not have the volunteers to allow for this and currently have material translated as our volunteers' time permits. If you would like to help, please contact your director, any one of the Executive, or the web master.

The current and immediate prior LINK is also on the web site and the current issue is published as soon as possible as it goes to print so it may be available on line before it is in your home mail box. We cannot make it available only on line or as an option of print or on line but are aiming for this one day.

To help in understanding the limitations, we remind you that the Association runs with a limited amount of financial resources and is therefore very dependent upon volunteer efforts.

Passings

August 28, 2009 – Eleanor Owen – White Rock, British Columbia
October 21, 2009 – Paul François Limoges – Calgary, Alberta
November 2009 – Gilles Guillemette – Longueuil, Québec
November 18, 2009 – John Bufton – Tecumseh, Ontario
November 20, 2009 – Ervin Frederick Bauer - Prince Albert, Saskatchewan
December 11, 2009 – Shirley Jean Ching – Kelowna, British Columbia
December 15, 2009 – David S, Hodge – Lethbridge, Alberta
December 15, 2009 – Gordon Petersen – Edmonton, Alberta
January 4, 2010 - Charles M. Shaw – Windsor, Ontario
January 7, 2010 – Pierre Bourassa - Brossard, Quebec
January 8, 2010 – Coral Fraser – Pickering, Ontario
January 15, 2010 – Andrée Hammer (Andrée Ifergan) Neufchatel, Switzerland
January 31, 2010 – Isabel Dunbar – Montreal, Quebec
February 3, 2010 – Jacques Paul Michaud – Saint John, New Brunswick
March 10, 2010 – Kenneth Pasqual – Montreal, Quebec
April 3, 2010 – André Jarry – Quebec City, Quebec

Thanks to all who provided material for this edition of LINK. Many thanks again to Lorette and Guy Bourbonnière for the translation of the text.

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